



February is Teen Dating Violence Awareness and Prevention Month

Get Involved! Help raise awareness of domestic violence. Here are some ideas on how you can make a difference and help put a stop to domestic abuse:



- Become a fan of AWARE & JCADA on [Facebook](#), follow us on [Twitter](#), and check out our [website](#) for news and more information about what we do. You can even put the domestic abuse purple ribbon on your Facebook profile picture to raise awareness.
- Check out AWARE's Twitter account at @AWAREnow. We will be updating it every day during the month of February with facts about domestic violence awareness, and we'll be trending #ItsNotLoveWhen. Tweet these facts from your Twitter account to spread the word.
- Write an article or D'var Torah about dating abuse for your school newspaper or synagogue newsletter.
- Collaborate with teachers, guidance counselors, administrators, parents and students to create a Teen Dating Violence Policy. You can use the model on [awarenow.org](#) to help guide one for your school or synagogue.
- Organize a cell phone drive or other fundraiser (e.g. hold a bake sale and pass out AWARE information at the same table) that can benefit JCADA.
- Organize a school-wide assembly dedicated to educating students about dating abuse and healthy relationships.
- Set up a booth to distribute information about healthy teen relationships at your school or synagogue.
- Contact JCADA at 301-315-8040 to find out more about you can bring our "It's Not Love" teen education program to your synagogue or high school.
- Visit [www.awarenow.org](#) and [www.loveisrespect.com](#) to find out more about what abuse is and how you can help a friend in need. You can also check out [MTV's A Thin Line campaign](#) at [athinline.org](#) to learn more about cyber bullying and technology abuse like constant text messaging.
- If you or someone you know needs help call JCADA's confidential helpline at **1-877-88-JCADA** or call the National Teen Dating Abuse Hotline at **1-877-331-9474** (24 hrs).
- If you are interested in volunteering or making a donation, call JCADA's volunteer coordinator at 301-315-8040.
- Visit [JCADA's](#) website to see our bathroom posters. To have those or additional informational handouts mailed to your synagogue or school, call the office at (301)315-8040.